

John Abelar "West winds of Infinity.
An addition to the rule of the Nagual of Carlos Castaneda"

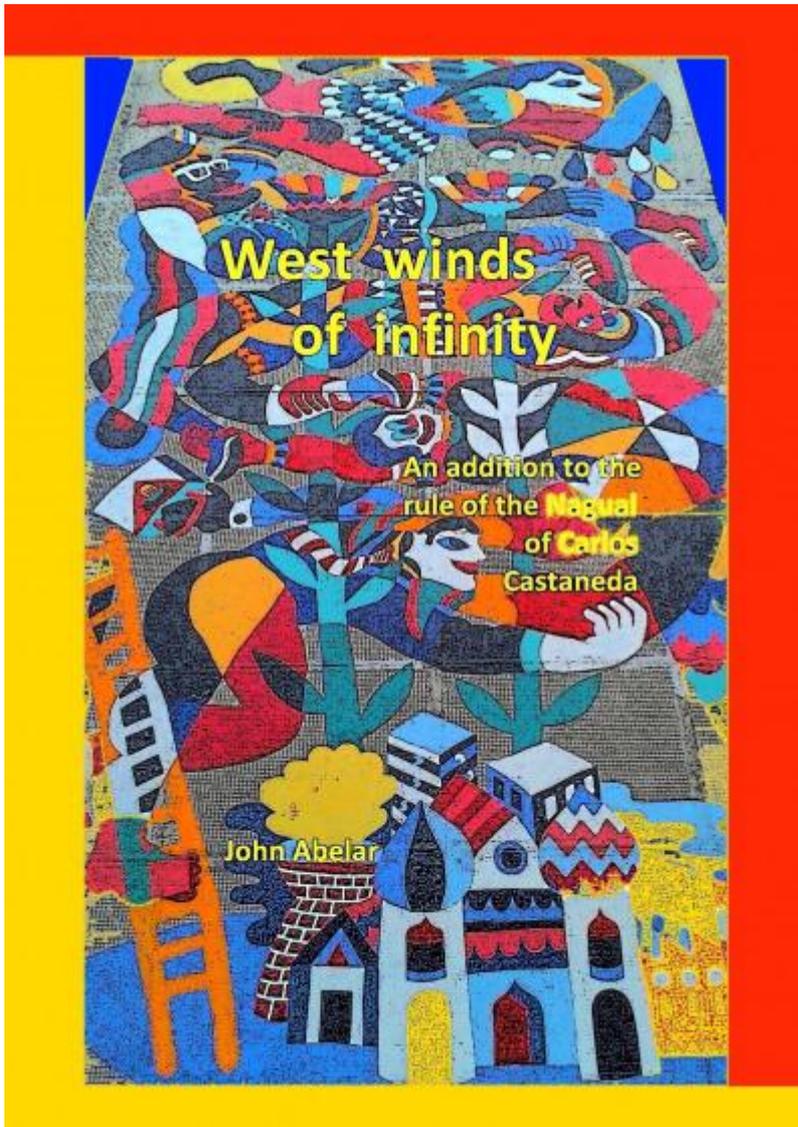


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ANNOTATION

In the book is made a new discovery: change of wind direction quietly changes human`s perception and the environment. New wind brings certain thoughts and feelings, known people, things and situations may turn on the other side and out of home another people and elements of the world begin to attract attention. Everyone can notice it, calmed down in depth of self and shifting attention from thoughts and experiences to outside. There are 16 different winds corresponding to the 16 warriors in the Nagual party

DESCRIBING

Edition 2-d, supplemented. 2019

Genre: esoteric, deep psychology, metaphysics, anthropology, meteorology

The main novelty in this book is discovering of the influence of wind on human perception and the state of the environment. Change of the wind direction imperceptibly changes the thoughts and feelings of a person, known people, things and situations can appear on the other side, and outside the home attention begins to attract other people

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and elements of the world. Everybody can notice these changes, calmed down in the depths of self and transferred part of the attention from thoughts and experiences to the outside, watching at the same time for the direction of the wind, external circumstances and self inner state. For the first time a connection between the wind direction and cloud species was established.

The book describes 16 different winds in addition to the 4 winds that Carlos Castaneda has described in the rule of the Nagual, and the correspondence is established between 16 winds and 16 different types of people in the human race and the party of the Nagual that differ by the types of perception. The book allows visually on own experience to ensure that the rule of the Nagual is not a myth and exists really. It is shown that not only people, but also all objects of the surrounding world and concrete situations are associated with a certain wind.

The spirit (the intent, the Power, the abstract) is the force that manages our lives through subtle, imperceptible changes of perception, manifesting itself through people and creating certain circumstances on our way. The book shows that the Power can be perceived literally in the normal state of perception, because the second attention (the attention of the dream, the double of the person, the energy body) at each person periodically floats up to the surface during the day.

In detail are described the principal obstacles in the way of the warrior and in every person's life — the internal dialogue and the ego; is showed a second side of the ego, the sense of self-worthlessness that can dominate in the life of many people.

In the book is described how you can find your wind (determine your direction). The practical method of inclusion in the usual perception of the second attention is given.

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The book is written on the basis of practical experience of awareness (knowledge coming in the form of feelings in the body) and is a continuation of the works of Carlos Castaneda.

PREFACE

*Freedom lies not in the opportunity of choice
but in the opportunity to refuse anything
and not affected go further.*

Carlos Castaneda is one of the most mysterious and the influence writers in the history of mankind. He claimed that during field research in anthropology in the United States met an indian named don Juan, who was a *mage* (shaman). According to Carlos, don Juan opened and showed him an energy description of the Universe that in the depth and scale affects any imagination. Subsequently, Castaneda explained this system in 10 of his books which became international bestsellers and are reissued every year in many countries. The book “West winds of infinity. An addition to the rule of the Nagual of Carlos Castaneda” is written on the basis of practical experience of the author and is a continuation of the works of Carlos Castaneda in the part of the *rule of the Nagual*. The first four chapters contain summarizing the energy description of the Universe (based on “The Fire from Within” and “The Active Side of Infinity” by Carlos Castaneda) and additions of the author. Other chapters contain a new material. In the application there is *the rule of the Nagual* (from “Eagle`s Gift” and “Second Ring of the Power” by Carlos Castaneda).

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All the italicized words in the book related with phenomena of the *second attention* that cannot be comprehended by the mind and cannot be accurately described by language, but can be experienced on personal experience in the form of feelings and sensations. These phenomena exist on an energetic level and have a fundamental impact on our lives. If same words are not in italics, then it should be understood in their ordinary meaning. **When getting acquainted with the book for the first time, it is very important to read it quickly without thinking, long breaks and paying attention to the italicized words, caught only the basic essence of the content.**

The *winds of infinity* related to the phenomena of the *second attention*, therefore does not make sense to evaluate the description of the *winds* or the book as a whole from the point of view of logic and mind. Moreover, people in life which the mind dominates under the body, most likely, to reject all that is written here. This is because the mind has the desire to reign supreme over our lives and suppresses the will of the body, as well as anything that can weaken its position even with the help of tools that it usually uses, that is language. *Internal dialogue*, which constantly takes place within our mind in the form of a constant presence of thoughts, images, discussion and evaluation of what is happening around, forms and constantly supports within us the personal I. It has an obsessive nature and is not controlled by us, we can't stop it at any time and on any time. At the same time, there is another, *true I* within us, which is connected with the body, feelings, intuition and dreams. Its center is in the *energy body* (*second attention, double, dreaming body*) of a person, but we lose connection with it in childhood, when the *internal dialogue* takes control under our consciousness. An inner obsessive voice drowns out the voice of our *true I*, sows doubts, meaningless worries and fears, contradictions and sadness inside us and does not allow us to unlock the potential of energy

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possibilities. People can't really change something in their lives, because they believe everything that the mind says, and go on about all their desires and unwillingness, without seeking to objectively look beyond their “I do not want” and “I do not need it”.

The site of the book is www.abstraktnoe.ru. There are videos and photos that were spontaneously made at different winds with watching the *Power*. They have footmark of the *Power* and can help to determine self *direction*.

CHAPTER 1. ASSEMBLAGE POINT

To the perception of the *seer* the physical body of man appears in the form of a luminous *energy sphere*, and the Universe – in the form of a cluster of countless luminous *energy threads (emanations)* that have *self-awareness*. *Vision* is the direct perception of energy as it flows in the Universe. In the process of *vision*, a person perceives the surrounding with all his being and learns the inner essence of phenomena and things. Knowledge that comes in *vision* should be considered as *energy fact*, it hasn't link with the activities of the mind.

Seers accumulated energy knowledge thousands of years and lived mainly in the territory of modern Mexico and neighboring countries. Their history is connected with the history of Indian tribes. The main discoveries were made by them for several millennia BC. The *seers* were extremely pragmatic and mostly interested only in knowledge that could be confirmed energetically and used for practical purposes. However, their excessive use of the acquired knowledge to achieve selfish goals led to the decline of their culture and traditions and ended with their almost complete extermination by the Spaniards during the

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colonization of North and Central America in the 16th century. However, some of them survived, and in order to preserve the traditions and continue their development, they were forced to review the basics of their system of knowledge of the energy structure of the Universe and soberly set new priorities.

The *vision* reveals that the perception of a person gathers on the surface of the *energy sphere* at a special point of bright glow. This is the *assemblage point*. From the position of the physical body, the boundaries of the *energy sphere* are at arm's length, and the *assemblage point* is located at the back on the surface of the *energy sphere* at the level of the blades and is about the size of a tennis ball. The process of perception is a result of an attunement of *external emanations* (luminous *energy threads*) and emanations within the *energy sphere* of the man. All living beings on Earth have an *assemblage point* through which pass certain emanations characteristic for the perception of this species. Everything that a particular person is, everything that he sees, hears and feels, what he thinks and wants, as well as how he seems to the external observer, depends entirely on the *assemblage point*.

Despite the fact that the exact location of the *assemblage point* in different people is slightly different, the result of finding it in a certain area, behind the surface of the *energy sphere* at the level of the blades, is the perception of the known world of solids with known laws and phenomena. The usual *position* of the *assemblage point* of a particular person (his usual perception) is a *known position of the assemblage point*. The *assemblage point* is able to capture neighboring *emanations* and involve them in the process of perception (thus there is an expansion of perception), as well as completely change its *position*, capturing completely different *emanations*. There are a huge number of *assemblage point positions* other than the *known po-*

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sition. In addition to *positions* on the surface of the *sphere* within the perception of our usual world, there are *positions* within the *sphere* – a *place without pity* (meaning the lack of pity to self weaknesses and the other people`s), a *place of heightened awareness* and a *place of silent knowledge*, in which the perception of the world changes greatly. Perception is not only data from the senses, but also a person`s attitude to different people and situations and to his inner world.

Because of the shift and the new attunement of the *internal* and *external emanations*, the *assemblage point* can assemble a completely different world from our physical world of solids, in which man can also live and die. Question: where are these worlds, in fact, has the following answer: in the *positions* of the *assemblage point* corresponding to these worlds. Shifting the *assemblage point* can transform a person`s physical body into an ethereal charge of energy and carry it away from our world of solids.

One of the major discoveries are made by the *ancient seers* was the discovery of a *vibrating* force supporting our *energy spheres* as a whole. This adhesive force they named the *intent* (*spirit, abstract, Power*). *Seers* also found that the *Power* permeates all things and is responsible for the formation of all bodies and all phenomena occurring in the Universe. The *spirit* has own will, incomprehensible to humans, and is a force hidden managing our lives. It does this by imperceptibly changing our perception (shifting the *assemblage point*), manifesting at the physical level through certain people and creating certain circumstances on our way. People are connected to this force through *will*. *Will* is a tentacle-like branch on the *energy sphere*, located relative to the physical body in the abdomen. An arbitrary shift of the *assemblage point* becomes possible for a *warrior* with the mastering of the *will*. The concrete application of the *will* is the *intent*. Since the master-

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ing of the *will* the *warrior* becomes a *mage*. If a *mage* learns to see and chooses knowledge as the main task to achieve the goal of *absolute freedom*, then he can be called a *man of knowledge*.

From my practical experience, I was convinced that the presence of the *Power* on the physical level can be taken literally. On the physical level, the *Power* is perceived as a soft swaying plaque that appears on the objects of the surrounding world (the object seems to be inflated, filled, it seems more, its boundaries can tremble, blur, bend), as the mystery, attraction, unusual brightness of colors, clarity of details, which acquires a separate perceived object, sound or the whole perceived picture, as a revival of an inanimate object, for example, it may seem that the car “looks”. The easiest way to catch the *Power* is at night in the gusts of wind, weaving into the crowns of trees or waving blankets, scraps of fabric, matter, around light sources, in cars, windows, covered objects. The *Power* is also present in everything unusual that unobtrusively catches attention (touches, i.e. stands out, clearly enhances in the field of your attention). The *Power* always unobtrusively draws attention, simultaneously enticing and frightening in its uncertainty. To capture its presence may everyone calmed down in the depth of self and tearing off a piece of attention from the *internal dialogue* with transferring it to the contemplation of the around. Focusing on the *Power* in itself calms *internal dialogue* and pacifies.

Each person constantly forms the *intent*, but he does it unconsciously and often forcedly. Have to try to get a good grade in school or University, due to the fact that the conscience or sense of guilt does not allow differently, a sense of duty obliges to the parents or to yourself, is forced to get a loved one to like you as a result of strong feelings, not giving rest, is forced to get a job with a certain income level or a particular specialization, because ambition does not allow otherwise,

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of necessity the availability of money in a certain amount, is forced because it is uncomfortable to work in another field, the parents insist, the diploma obliges, etc. As a result of these “forced” (“I need”) a person worries on any occasion (problem, situation), strongly concentrates on it (strong concentration is a key moment in the formation of *intent*), does something to solve it or achieve something and eventually comes to what went. So a person forms his own destiny, his certain life path and can’t do otherwise, because he does not see other opportunities, can’t overcome his feelings, thoughts, ideas, his conscience, someone’s pressure (teachers, parents, friends, family or loved one). Most people don’t try. Some people are guided by their fleeting “I want”, which are based on the desire to experience, to try something new and, often, these people achieve the desired, forming the *intent* here and now. The life of such people is much more interesting, brighter and richer, but what they do almost always remains the same unconscious moment. Yes, these people have more *free energy (personal power)*, with the help of which they form the *intent*, but usually it is not their merit, but a consequence of certain conditions of birth. Their life turns out to be brighter, but also limited by concrete and mundane desires, filled with repetitions, and due to an unconscious approach to what is happening around and life in general they often do not bother themselves to make the proper conclusions, which can give their actions development, movement forward.

It is clear that the more *free energy* a person has, the faster he forms the *intent*, in other words, reaches the goal. One can break out of this circle of internal and external conditions if one pulls out one’s detachment, sobriety, objectivity, clarity (generally speaking, one’s *second attention*) and this can be done by everyone, truly calming down for just a few minutes. And all you need to do is stop on your usual way home, to work, to the University, to the store, to the training; take a deep

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breath, focusing on the breath, and look closely at what will be around you, flowing into the environment.

The path of life, which has the absolute majority of people, is a narrow path along which these people are moving with a constant speed, constantly looking only forward, to death. People do not realize that they can stop on this path and to rest, standing still, look to the side, and can run, can jump, back up, turn to the side, they can even turn aside and go on a different path of life and not only on the crossroad (side road), when life provides an opportunity, but also to do it yourself, rushing straight across the field, forest or river on a completely different path. They are so absorbed in their thoughts, which seem to them to be correct and rational, that they can't suddenly stop and, leaning on the feelings, ask themselves is this their heart's road, is it really brings satisfaction from life, is it makes sense to devote the whole life to this one path, this work or this person. They can't take a sober look at their shortcomings, weaknesses, to abstract from the thoughts, from themselves, from all that binds them to this path or makes this path weak and ugly, pull themselves together and change something. These people do not want to bother themselves in thinking about themselves, about their way, they do not want to be aware, they do not want to be free. They say they just want to live like everyone else, without thinking, and be happy. But in fact, they think even more, but only within the framework of their path, regretting about themselves or their worthless life. They do not make any effort to change anything or change randomly, obeying a fleeting “want” or “do not want”.

If you cannot be sure of the existence of the *Power*, that your perception (your attitude towards something) can change quickly and easily; that there is another center within you (*another I*) associated with feelings that can act completely independently from the mind and its

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thoughts and lead you to deep and calm states in which you can change your life for the better, realizing your true desires, change your destiny, then in moments of despair and sadness, doubt and regret, anger and fear just go out into the fresh wind (or fresh air) and breathe deeply as you can, staying in place and after each breath concentrating on the surrounding. At first breathe often, then less often, but keeping depth and concentrating more and more on surrounding. At the beginning, after a series of deep breaths, your eyes may get a little blurred, the unrest may become unbearable, and you will want to leave very much. It is very important to stay in place, and at the moment when the unrest reaches its apogee, exhale almost all the air, concentrate on the environment and as calmly as possible without breathing explore everything around. Then again do a series of three or four breaths and again watch everything is around. After the first or second series of breaths you will notice how the picture during the watching will become brighter and clearer. **Deep breathing, especially in the wind, washes away thoughts from the depth of the unconsciousness.** Make a few more episodes, and then breathe out of necessity, sometimes making deep breaths. If you will try to stay conscious during deep breath in and breath out (just feel the smell of the air and feel as it flows inside you) in the same time watching calmly that is in front of your eyes, you will get results for attracting of *second attention* faster and better. Don't hold a very long look at anything and after blinking try to cover the whole picture, as if capturing the view as wide as possible all that on the sides or, on the contrary, concentrate on the space right in front of you, depending on what get better. Drive thoughts away, don't let them capture your view, your control. Stand for so long until the calm floods you completely, and then wait for good thoughts. After calm inspect carefully all around and everything on top of that nearby and that in the distance, take your time, but do not let the thoughts drown you

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again. When good thoughts come and peace fill with harmony, compare that was before and what you have now. Do not drive quickly good thoughts, but gradually focus more and more on the surrounding. Find something that attracts your attention, seems mysterious to you, looks bright and clear, brings unusual good thoughts and stay on this longer. Try to literally feel this place with sensations in the body in the *will* area. Don't forget to breathe all the time. All this will take no more than 20–30 minutes.

During a long study of human behavior, *seers* found that the main factors fixing the *assemblage point* are *internal dialogue* and a *sense of self-importance*. These two factors eat up all *free energy* which a person can use for expanding and changing of a perception.

Internal dialogue is an endless dialogue that each of us has with himself, often unconscious. It corresponds to the activity of the human mind and manifests in the form of the constant presence of thoughts in our head. It forms in childhood, when others teach the child to engage in dialogue, which eventually goes inside and turns into a habit. In fact, *internal dialogue* is an escape from what is happening here and now, and gives a certain sense of security. In the *internal dialogue* is mainly a discussion (thinking) of self or other people's actions, words, and based on the analysis the creation of restrictive settings of self and someone's behavior (fixing self behavior and the behavior of others). Such restrictions often have a real impact on the world, as they form the *intent* (unconsciously formed command). **In the *internal dialogue*, there is mainly an obsessive reassessment in the form of distortion, what was important and what was not important in the action or conversation that occurred** (I did something wrong, I had to do it, and what would have happened if, why I did not say it, I have to go back and redo something, add, finish, explain, etc.). Often, it ends

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up being captured by some thought, an idea that leads to actions essentially representing your habits, weaknesses, and obsessions (in general, repetitions). **The *internal dialogue* has a certain depth, going into the unconscious, and is the main factor of depressed mood, which increases with age, if a person does not conduct any activity that reduces its impact.** Overcoming the *internal dialogue* in all its depth leads to *inner silence*, the retention of which within a certain threshold time leads to the displacement of the *assemblage point* to the *position of silent knowledge*, in which the hidden abilities of a person become possible.

A sense of self-importance (essentially a *hidden self-pity*) is a feeling that accompanies almost all our thoughts and actions, often unconscious. **The mechanism of its occurrence is a conscious or unconscious ignoring of *internal uncalm* (tension, excitement in the lower abdomen, where is the *will*; general excitement, anxiety, concern) in any action.** Outwardly, it manifests in excessive involvement in what is happening (the expression of self in the surrounding, self ego) or excessive detachment from what is happening, self-acceptance, if pity is not hidden. It also manifests in many ways in the anxiety for what is happening inside, for self in the present and future (I worry about myself, what they will think about me, how I should behave, I can be scolded, beaten; I must intervene in what is happening – it will be better for me or for someone, so right or I do not need to intervene, nothing depends from me). It manifests, for example, even in such trifles, when you deliberately try not to notice the person, not to show interest first because of the reluctance to seem simple, easily accessible; try to be invisible, detached because of the reluctance to be in interaction due to fear or bias, while the situation has to interact; react irritated, dissatisfied, speak in a commanding tone without good reason or because people behave stupidly or unintentionally distract you from work, reflection.

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The *sense of self-importance* expresses in the nurturing of self ego, self-love, self-fixation and irresponsibility towards to self and to the world: I am what I am, do and say what I want, and I do not care about the consequences. **It is often based on an excessive desire for independence.** In ordinary life, it begins with the desire to separate from parents.

If a person struggles with a *sense of self-importance* and an *internal dialogue* to accumulate *free energy* to expand his perception, then he can be considered as a *warrior*. The *spirit* guides man in the way of a *warrior* to move in the right direction. The *spirit* gives a person signs that help a person to avoid unpleasant and tense situations that exacerbate the *sense of self-importance* and *internal dialogue*. With the accumulation of *free energy*, the *assemblage point* of a person becomes more mobile, and perception (perception is closely related to the concept of attention) becomes more free and easy. The attention of a person begins to stay here and now to a greater extent, becomes stronger, more concentrated and makes it possible to dive deeply into what is happening. This makes a human's life more intense and bright, fills his body with new feelings and sensations, and his actions become more complex and cease to be blindly subordinated only to the achievement of the needs of the *ego*. Ultimately, the *spirit* seeks to free the perception of a person from the shackles of *internal dialogue*, to make a person *awared*, awakened and to reveal the potential of his energy abilities, which is associated with the *energy body* of a person (*double, dream body*), *awareness* of which (remembering the *another, true I*) and occurs when the *assemblage point* is in the *position of silent knowledge*.

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